

# SUPPORTER TOOLKIT

2024  
NATIONAL DAY OF  
**ACTION**  
AGAINST SOLITARY CONFINEMENT



## WE NEED YOU!

Join Unlock the Box Campaign, ACLU, Center for Constitutional Rights, #HALTsolitary, National Religious Campaign Against Torture, and Zealous in our virtual day of action on May 16, 2024.

*Don't have a lot of time? No problem!*

We have actions that range in time commitment: from attending a virtual Congressional meeting, sending simple text, or posting about ESCA. We're confident there's an option that fits your time constraints and comfort level! Check out our list below and mark the ones that interest you:

**Post and share stats and information on our Day of Action and the importance of ESCA**

<https://socialpresskit.com/fast>

*Use the link above for one-click actions*

**Talk to your network about the importance of ESCA and urge them to join the movement!**

*Check out the "Brainstorm Worksheet" section*

**Text ESCA to 52886**

*We will add your name to our call to action urging President Biden to stand by his word and take action on solitary.*

**Send a message to your representative!**

[solitaryistorture.com/esca](https://solitaryistorture.com/esca)

*Check out our simple tool where we do most of the heavy lifting!*

# HELPFUL INFORMATION

## WHY ESCA?

The *End Solitary Confinement Act* is federal legislation aimed at ENDING the torturous use of solitary WHILE requiring the push for more humane alternatives that actually work.

Representative Cori Bush and Senator Ed Markey introduced the *End Solitary Confinement Act* and it has earned the support of XXX cosponsors in Congress. This landmark legislation will accomplish four things:

1. End all forms of solitary confinement
2. Ensure that all separation/alternatives to solitary, regardless of what they are called, are the opposite of solitary
3. Enhance due process protections
4. Create oversight and enforcement mechanisms

## WHY A NATIONAL DAY OF ACTION?

May is Mental Health Awareness month so there is no better time for the federal government to take action to end solitary confinement. We also recently saw the first Congressional hearing on solitary in a decade. *Meaning momentum is on our side!*

Our National Day of Action will send a clear message that solitary confinement *IS* torture and we're standing united to bring an end to torture once and for all.

## WHAT THE RESEARCH SAYS:

- [Check out this report](#) from the Department of Justice (DOJ) Office of the Inspector General (OIG) that documents that nearly half of all deaths by suicide in federal Bureau of Prisons custody (46%) take place in solitary confinement.
- [Check out this report](#) by the U.S. Government Accountability Office documenting the widespread and racist infliction of solitary in BOP prisons
- [Check out this report](#) documenting the increased use of solitary confinement in federal immigration detention.
- [Calculating Torture](#) is a groundbreaking report that shows at least 122,840 people are locked in solitary confinement daily, for 22 or more hours a day in U.S. prisons and jails.

# BRAINSTORM WORKSHEET

We all have a sphere of influence and we are leaning on you to tap into yours!

*Use this worksheet to think through how you can use your network to push for and educate on ESCA:*

## What social networks do I actively use where I can post about ESCA?

Facebook

Instagram

Tik Tok

Twitter

Other:

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## Who do I know that may be interested in learning more about ESCA?

Name

Mode of Contact

*Text* | *Call* | *DM* | *Other*

Name	Text	Call	DM	Other

## Information about ESCA and the use of solitary I find most compelling:

Solitary confinement is torture. It is deadly. It worsens safety for everyone.

Despite the known harms of solitary and known benefits of real alternatives, solitary confinement remains widespread in federal custody and across the country

There is widespread, bipartisan support for ending solitary in line with the requirements of the End Solitary Confinement Act

Other:

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*Check out [endtorturennow.org](http://endtorturennow.org) for more information*